



**For a better us.**

**YMCA OF LONG ISLAND | 2015 Annual Report**





Dear Friends,

We are proud and honored to share our success and greatest achievements with you during 2015 in the YMCA's focus areas of expertise — Youth Development, Healthy Living and Social Responsibility.

Reflecting back, the Y has been and continues to be, a community cornerstone across the United States, proudly serving the general public for more than 160 years. We all have enjoyed our own personal experiences with the Y – taking swimming lessons as kids, playing basketball as teens or jogging on the treadmill as adults. What you may not have realized is that during all of these years, the Y was steadfastly working to address many of the pressing and relevant issues in our lifetime.

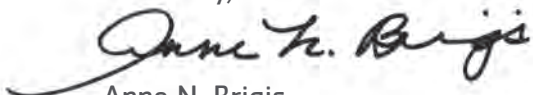
The Y has remained one of the most effective and enduring nonprofit organizations in the country and certainly in our own Long Island community. We are a leading child care provider, a purveyor of youth development, education and health & wellness programs that address critical social issues, and one of the few locations left for our friends and neighbors to come together as a community.

Everything the Y does is an ongoing effort designed to make us better individuals, communities and nation. In other words, everything we do is FOR A BETTER US.

As you read through our proudest moments of 2015, I hope you will rediscover why the Y has emerged as such a national treasure. The energy, commitment and expertise of our partners, supporters, staff and volunteers enable us to make a powerful connection and difference in so many people's lives.

We humbly thank you for your strong dedication and generous contributions that make Long Island and the people we serve a better place to live, work and play.

Gratefully,



Anne N. Brigis  
President & CEO





# THE Y. FOR LEARNING. For a better us.



**Children and teens deserve every opportunity to discover who they are and how they can achieve their full potential. At the YMCA, they can cultivate the values, skills and relationships that lead to resilient positive behaviors empowering academic achievement and lifelong healthy living.**

## FOR YOUTH DEVELOPMENT

### **BUILDING POTENTIAL, CLOSING THE ACHIEVEMENT GAP**

Statistics show that many children from low-income environments reach kindergarten unprepared and they continue to fall behind in school without proper early intervention. The Y's early childhood education programs are designed to build potential and to help close the Achievement Gap.



### **EARLY CHILDHOOD EDUCATION**

High-quality early childhood programs provide the foundation for success in school and life. Discovery, choice and problem-solving are the core of the YMCA's early childhood education programs, which focus on math, literacy skills, science, art, music, active play and circle time. Three and four year-olds also enjoy the value-added benefit of a full Y National Swim Lessons program!

### **SCHOOL AGE CHILD CARE (SACC)**

Before and after school hours are challenging for Long Island's working parents. In partnership with Nassau and Suffolk County school districts, the Y's SACC program offers children a variety of activities focused on fun, fitness and excitement. The YMCA's safe, supervised child care solution offers arts and crafts, indoor and outdoor play, sports, homework help, healthy snacks and more.

.....

# 4,686

**CHILDREN AND TEENS  
EXPLORED CREATIVITY,  
TEAMWORK AND  
LEADERSHIP AT THE  
YMCA'S SUMMER  
DAY CAMP.**

.....



### **SUMMER DAY CAMP**

Children and teens make memories to last a lifetime at the YMCA's Summer Day Camp programs. Campers of all ages explore creativity, teamwork, leadership and make friendships through a vast array of fun, age-appropriate programs and activities. With an increased emphasis on child safety, lifelong learning, healthy living, personal values and social skills, 4,686 YMCA campers enjoyed the carefree days of summer in 2015.



**Q: Why did the Rauch Foundation invest in an early literacy program like the YMCA's Imagination Station?**

**A: NANCY RAUCH DOUZINAS:** Research shows that the younger we can reach children, the more likely their chances are for success later in life. We also believe in the Y's mission to bring together individuals from all walks of life, ages, circumstances and backgrounds. By supporting programs such as this, the Rauch Foundation can help build strong communities on Long Island that truly reflect who we are.

**SCIENCE, TECHNOLOGY, ENGINEERING, MATH (STEM)**

The Y is committed to offering STEM programs to all children – particularly girls and low-income children – to expose and



prepare them to develop their natural skills into lasting careers. In summer 2015, the Great South Bay and Huntington YMCAs launched the STEM Camp program – a weekly science special featuring an age-appropriate, interactive experiment using scientific methods. All campers received a free, take-home Experiment Workbook to record their lab notes, observations and questions.



**Q: How do you see the program impacting future success of students?**

**A: NANCY RAUCH DOUZINAS:** We are impressed with the good results coming out of Imagination Station. Like the Y, the Rauch Foundation understands how critical it is for children to keep academic retention during the long summer months. Imagination Station results speak for themselves, with a full 99% of children either maintaining or increasing their reading levels and returning to school with a competitive academic advantage.



**UNIVERSAL PRE-K (UPK) AT THE GREAT SOUTH BAY YMCA**

The Great South Bay YMCA operates one of the largest Universal Pre-K programs on Long Island – with 230 full-day students in 2015 – for the Bay Shore School District. This major initiative to deliver UPK in the district resulted from the Y's outstanding reputation of providing high-quality and enriching early childhood education programs.

**IMAGINATION STATION**

The Huntington YMCA piloted the Imagination Station summer day camp curriculum in 2014. This innovative program offered engaging and interactive activities designed to retain and to build upon young campers' literacy skills. In 2015, the Rauch Foundation funded the program for all YMCA branches. Foundation President, Nancy Rauch Douzinas, describes the importance of the Y's Imagination Station program. (See Q&A)

**Y PROGRAM SPOTLIGHT**

**THE Y. FOR LEARNING.  
For a better us.**



## YMCA AT GLEN COVE TEEN DROP-IN PROGRAM

The Glen Cove YMCA added a free Teen Drop-In program to its teen activities' roster. The program served teens (grades 8-12) on Tuesday and Thursday afternoons and featured a variety of activities as well as the value-added benefit of a YMCA personal trainer who developed individual exercise plans. The Glen Cove Y's Teen Drop-In program served 1,230 teens in 2015.

## FOR YOUTH DEVELOPMENT

## PRE-TEEN AND TEEN PROGRAMS

### Teen Center

The Y's FREE Pre-teen and Teen Center programs offer young people a safe, structured environment to socialize and to explore their interests guided by strong, positive role models.

### Leaders Club

The YMCA's Leaders Club is a nationally recognized teen program that offers participants the opportunity to become effective communicators, improve individual leadership and social skills as well as engage in community service. Leaders Club teens (grades 8-12) meet weekly to collaborate with their peers and adult advisers on skill and character-building activities.



## Youth and Government

Youth and Government is a national YMCA program that models government and policymaking and provides young people with an opportunity to develop and apply core leadership values. Participants research legal cases, develop oral arguments, hone debate techniques and apply these key skills in statewide competitions.



**YMCA OF LONG ISLAND  
YOUTH AND  
GOVERNMENT**

### Job Training and Counselors-in-Training (CIT)

The ability to find and to keep a job is not only critical for admission to the adult world, it also is an important survival skill for which there is little in the way of formal, structured preparation. The YMCA of Long Island prepares young people (ages 15-18) to become both competent and compassionate employees as counselors-in-training and in our lifeguard certification program. Through the Y, teens develop the personal and technical skills necessary to be effective employees.





## Act Out Theater

Act Out Theater brought the magic of the arts to approximately 285 children (ages 5-15) at the Great South Bay YMCA in 2015. The program challenged and trained young actors to explore a new art form, hone a new skill or follow a dream by educating and inspiring them with a love and respect for the theater and an enlightened sense of self.

## LEADERS & LEMONADE

Twelve teens, ages 12-14 years, participated in the YMCA East Hampton RECenter Leaders & Lemonade challenge in summer 2015. The Leaders Club teens were divided into teams that were mentored by East End business professionals to develop their leadership and entrepreneurial skills through a Summer Lemonade Stand competition. The teams collectively raised \$36,797 to benefit teen and senior programs and summer camp scholarships as well as to expand the Y's LIVESTRONG® program for cancer survivors.



**THE Y. FOR LEARNING.**  
**For a better us.**



## THE Y. FOR HEALTH. For a better us.

The YMCA of Long Island's goal is to enhance the quality of life for children, teens, adults, families and seniors through fitness, wellness and aquatics programs that nurture the mind, body and spirit. The Y also offers some signature programs that help participants mitigate serious health issues.

FOR HEALTHY LIVING

### DIABETES PREVENTION PROGRAM (YDPP)



The YMCA's Diabetes Prevention Program is a community-based lifestyle improvement program for adults with pre-diabetes. YDPP takes place over 16 weeks and empowers adults to realize a lasting lifestyle change that will improve their overall health and reduce their chance of developing Type 2 diabetes. Participants gather at their local Y in a relaxed classroom setting and work together in small groups to learn how to incorporate healthier eating and moderate physical activity into their daily lives.

In the United States today, one out of every three people has diabetes. Another 79 million people have pre-diabetes and are at risk of developing diabetes. Research by the National Institutes of Health has shown that programs like the YDPP reduce the number of new cases of diabetes by 58 percent overall and by 71 percent in individuals over age 60.

### ENHANCE® FITNESS

The YMCA launched Enhance® Fitness in partnership with the New York State Department of Health in 2015. This special physical activity program is proven to increase the physical, mental and social functioning of older adults, particularly those with arthritis.



## Launched MY WELLNESS PLAN



in 2015 to help members reach their goals with a Wellness Coach.



## MOVING FOR BETTER BALANCE

Moving for Better Balance is a YMCA fall prevention program that uses the principles and movements of Tai Chi to help older adults improve their balance and increase their confidence in doing everyday activities. Approximately one-third of all adults over 65 years of age fall at least once in a year. Half of those people who do fall consequently experience a severe setback of their quality of life. As lifespans continue to increase, the ability to maintain health, mobility and independence for as long as possible only becomes more critical.



## LES MILLS BODYPUMP™

### MY WELLNESS PLAN

The YMCA launched My Wellness Plan in 2015 to help members focus on breaking down barriers to healthy living, goal setting and improving quality of life. My Wellness Plan features one-on-one consultations, ongoing tracking and encouragement and customized workout routines to help members achieve their wellness goals.

### WHERE FUN MEETS FITNESS

The Y launched the LesMills BODYPUMP® barbell classes at all our branches in 2015 as part of our commitment to provide new ways to help members stay motivated to achieve healthy living lifestyles. This popular class shapes, tones and strengthens the entire body.



### LIVESTRONG® AT THE YMCA

LIVESTRONG® at the YMCA offers adults affected by cancer a safe, supportive environment to participate in physical and social activities focused on strengthening the whole person. This FREE program encourages a warm spirit of community—a safe, comfortable place for those in cancer recovery to share stories and inspiration.



**THE Y. FOR HEALTH.  
For a better us.**

# STRIVE FOR 5

JOIN THE YMCA  
HALF-TON  
CHALLENGE



Approximately  
**500**  
YMCA members  
lost a total of  
**1,074**  
pounds  
during the  
YMCA's 2015  
Strive for Five Challenge.

FOR HEALTHY LIVING

## AQUATICS

The YMCA of Long Island has worked tirelessly to teach children and adults how to stay safe in and around Long Island's beautiful waterways since 1885. Swimming lessons starting at six months and up, boating safety classes and lifeguard certification are among the aquatics programs the Y offers to help prevent injury or even death due to accidental drowning.

### Strength Through Strokes and Strides

The Patchogue YMCA and Great South Bay YMCA offered a FREE 12-week exercise program for cancer survivors and their siblings (ages 7-12). The program featured swimming, running and other fun activities designed to help rebuild strength, friendship and confidence after chemotherapy.

### Special Olympics

The Special Olympics program participants practice in the Huntington YMCA's Albicocco pool every Sunday afternoon. The swimmers are broken up by ages into two, 1-hour sessions. Instructors and volunteers work with the Special Olympics participants to help them learn competitive swimming strokes. This helps them to build their strength and confidence in and around the water.





## HUNTINGTON Y HOSTS 2015 NEW YORK STATE SWIMMING CHAMPIONSHIP MEET

The Huntington YMCA BlueFish (HYB) Swim Team co-hosted the New York State YMCA Swimming Championships in 2015. A motivational pep rally, training tips and words of encouragement from two-time Olympic Silver Medalist Kara Lynn Joyce helped the Y swimmers prepare for their big meet. The Bluefish scored their best Team results ever at the New York State meet – finishing **THIRD** out of 34 competing teams. The girls' 9/10-year-olds scored **FIRST PLACE** in their age bracket!



GAVE  
**20,550**



**SWIMMING LESSONS  
LEARNING HOW TO STAY  
SAFE IN THE WATER.**

### Empower Spinal Cord, Inc. Group (ESCI)

The Empower Spinal Cord Inc. group met at the Brookhaven Roe YMCA Center pool in 2015. ESCI staff led the group – using the Y's chair lift, noodles and lifejackets – to work on basic swimming motions in preparation for their annual kayak trip adventure.



Photo courtesy of ESCI Group



### SENIOR SPOTLIGHT

#### JERRY LEO

Jerry Leo has participated for several years in the YMCA Great South Bay Judi Shesh 5K Walk/Run. At 90 years old, Jerry has consistently won first place in her age group. Jerry continues to be a source of inspiration for YMCA members of all ages.

**THE Y. FOR HEALTH.  
For a better us.**



## THE Y. FOR GOOD. For a better us.

We know that when we work together, we move individuals, families and communities forward. The Y responds to society's most pressing needs by developing innovative, community-based solutions to help those in need to reach their full potential. We are also committed to inspiring a spirit of service by uniting individuals from all walks of life to participate in and work for positive social change.

## FOR SOCIAL RESPONSIBILITY



### FINANCIAL ASSISTANCE/ SCHOLARSHIPS

The YMCA of Long Island welcomes people of all ages, from all walks of life and from all backgrounds. We strive to remove or diminish any barriers to membership by offering millions of dollars in financial assistance, which is available at all YMCA of Long Island branches and is determined on an individual basis.

### FAMILY SERVICES Children and Youth Prevention Services

The YMCA of Long Island offers a wide array of prevention programs designed to help children and teens learn how to cope with struggles at home, school, bullying, substance abuse, violence, anger and beyond. In 2015, YMCA Family Services provided prevention services to 15,435 people.

### Treatment Services

The Y's individualized services focus on healthy, sober living through the development of daily living skills and support systems for those who may be struggling with substance use. The Y also offers support services to people whose lives have been affected by another individual's substance use. In 2015, YMCA Family Services provided 12,263 clinical services in the OASAS Program (NYS Office of Alcoholism and Substance Abuse Services).

### VOLUNTEERISM

Giving back is not always about dollars and cents. More often, it's about donating less tangible resources – time, talent, grit and passion. When people come together for a common cause, the whole community is strengthened. When you become a volunteer, you have the opportunity to share your blessings with those who need it most.

The YMCA of Long Island partnered with AvalonBay Communities for the Spirit of Caring Month's "Fill My Backpack" campaign. Back-to-school items and monetary donations were collected at the Bay Shore, East Hampton, Glen Cove, Holtsville, Huntington and Patchogue branches, which enabled the Y to fill a total of 500 backpacks with desperately needed school supplies!





# Togetherhood™



- 3 BRANCHES
- 7 PARTNERSHIPS WITH LOCAL ORGANIZATIONS
- 7 TOGETHERHOOD VOLUNTEER PROJECTS
- 62 VOLUNTEERS

## Patchogue Togetherhood

Patchogue Family YMCA hosted a much-needed school supply drive to help homeless families facing significant hardship in the community.



## L.I.A.M. FOUNDATION

Patrick Fawcett founded the Long Island Autistic (L.I.A.M.) Foundation to help his son Liam and other children with special needs have the opportunity to enjoy the YMCA summer camp experience. The Camp for All summer inclusion program at the Great South Bay YMCA provided an inclusion specialist that helped children with special needs navigate the summer camp day.

## LET'S ALL PLAY

2015 marks Great South Bay YMCA's first year as an official "Let's All Play" Inclusion in Recreation Program partner. As a partner organization, the Y reached out to the Bay Shore community to provide an inclusive camp experience. Through the partnership, we received training, consulting and funding from the National Inclusion Project.



## THANK YOU

I had no idea about the Y Family Services program and my daughter was asking to see a "talk therapist," but I couldn't afford to pay for any more therapy. While she's only been coming here a few months, her confidence has grown. I don't know what they talk about each week, but I do know that when we first met, I felt an instant warmth and she really looks forward to their weekly visits. Thank you for this wonderful service to our community!

- Lisa, mother of client \*

## FAMILY SERVICES

We create a safe environment, with dignity and respect, for those in the community to come and talk about their issues and struggles. We provide services at a reduced rate so that anyone who wants to go to counseling can regardless of the ability to pay. We are in the community at schools, fairs and other events to promote alcohol, drug, violence and suicide prevention and also to encourage all individuals to make positive choices and stop negative thoughts.



## COMMUNITY CONNECTIONS

The Huntington YMCA's Community Connections program inspires social connections based on shared interests for young adults, ages 18-30 years, with diverse-abilities. It is funded by the Y's generous supporters and offered to participants at no cost.

The first time that Community Connections member, Cristin, played her guitar in public was at the group's Drum Circle. Cristin attends Community Connections regularly and has built many friendships. She also gained the confidence to share her talents in public and performed at Mac's Steakhouse in 2015 for the Huntington YMCA's Annual Campaign Kick-Off.

## FOR SOCIAL RESPONSIBILITY

### DID YOU KNOW?

The YMCA provides generous financial assistance as well as offers the following programs at no cost to participants:

#### FREE PROGRAMS – OPEN TO THE COMMUNITY!

**LiveSTRONG at the YMCA**, a cancer recovery strength program

**Y Diabetes Prevention Program (YDPP)**, a lifestyle improvement program for adults with pre-diabetes

**Moving for Better Balance**, a fall prevention program for seniors

**Pre-Teen and Teen Centers**

**Healthy Kids Day**, a community event that encourages activity and academic engagement



On March 18, 2015 the YMCA of Long Island attended the **Alliance of NYS YMCA's Conference** at the State Capitol in Albany to discuss priority issues. Pictured: Donald A. Rettaliata, Jr., Patchogue Family YMCA Board of Managers Chair, Nancy Rettaliata, Donna Boyle, Patchogue Family YMCA Executive Director, Dennis Boyle. Not Pictured: Anne N. Brigis, President & CEO and Eileen Knauer, SVP & COO, YMCA of Long Island.

## EXTENDING OUR HANDS

### COMMUNITY CHANGE PROJECT

YMCA Family Services worked with the Great South Bay YMCA Teen Center on a bullying and peaceful environment project. Youth were educated on how to identify bullying behavior and helpful strategies to handle these situations. They made "hands" so they could reach out to be a support system to other youth by taking this knowledge and passing it on to their peers.

### HELP SUFFOLK

Patchogue Family YMCA partnered with Help Suffolk Homeless Shelter to provide YMCA offerings to 70 families and 200 children.

### HEALTH & WELLNESS OUTREACH

YMCA at Glen Cove partnered with Northwell Health to utilize the facility for Y members and community individuals to receive free health screenings and flu shots. All walk-ins were accepted. In collaboration with Atria Senior Living, Chef Mo conducted healthy cooking demonstrations and provided healthy recipes to participants.



## EXPANDING OUR MISSION

### CAPITAL IMPROVEMENTS



#### GREAT SOUTH BAY YMCA

**Functional Training is what's new in fitness, but it isn't just a trend.**

Functional Training builds muscle, endurance, and flexibility for real-life positions. That means everyone can do it — and everyone can benefit. Think of it as a versatile jungle-gym for adults, where you mimic the same motions you would execute when climbing stairs or bending over in the garden. You can use our Functional Training spaces by yourself, as part of a small group, or with a personal trainer.

#### PATCHOGUE FAMILY YMCA ADVENTURE ZONE

The Knapp-Swezey Foundation donated \$100,000 in 2014 for the 3-story ADA-compliant play center for children ages 3-10+ years old. In 2015, the Adventure Zone was built and opened and is used for Preschool, Kiddie Camp, Youth Camp, Birthday Parties and groups of children with special needs from Massapequa School District. Parents are truly grateful for this indoor oasis, especially on rainy days!



#### YMCA AT GLEN COVE FITNESS CENTER

In 2015, the YMCA at Glen Cove renovated the fitness center to include new strength equipment and a dedicated functional training space. The funds were generously donated by The Audrey Weber Trust.



**IMAGINATION STATION**  
**Funded by**  
**Rauch Foundation**





# IMPACT BY THE NUMBERS

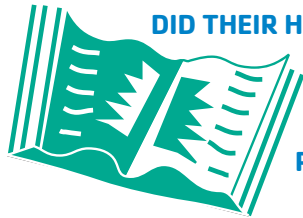
**26** CHILD CARE SITES



**2,213**

KIDS MADE FRIENDS, HAD FUN AND DID THEIR HOMEWORK IN Y

AFTERSCHOOL CHILD CARE PROGRAM



**551** KIDS SERVED IN OUR PRE-TEEN AND TEEN CENTERS ISLAND-WIDE



**\$2,276,671** TOTAL SCHOLARSHIPS AWARDED AND DISTRIBUTED



**65,310**

PEOPLE OF ALL AGES, BACKGROUNDS & INCOME LEVELS CALLED US THEIR Y

**9,316** TOTAL CAMP SESSIONS

**\$20,000** DONATED BY



FOR GREAT SOUTH BAY YMCA CAMPERS WITH DISABILITIES

**90,142** MEMBER CHECK-INS

**4,686** OF CAMPERS BUILDING FRIENDSHIPS, CONFIDENCE AND FUN OUTDOORS

**285**

YOUNG RISING STARTS HIT THE STAGE IN PERFORMING ARTS CAMP

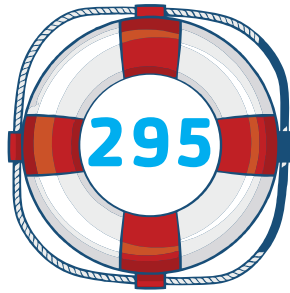


**1,341** STUDENTS ENROLLED IN PRESCHOOL PROGRAMS





**1,360**  
PREVENTION  
WORKSHOPS TO  
**15,435**  
PARTICIPANTS



**LIFEGUARD  
TRAINING  
CLASS  
PARTICIPANTS**

**20,550**

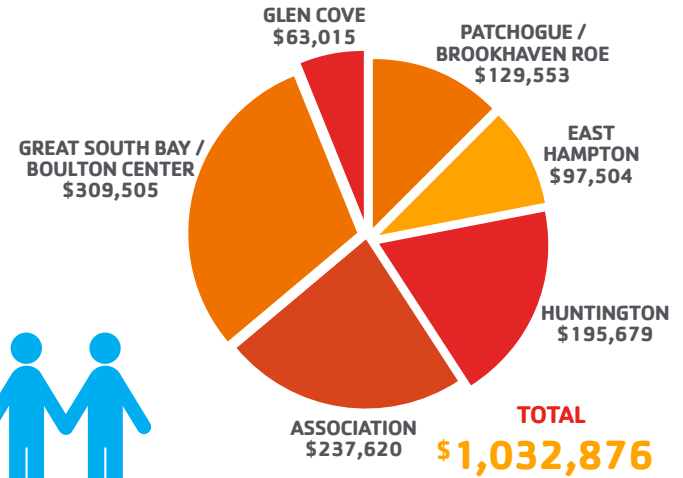
**SWIM LESSONS  
TAUGHT TO PREVENT  
DROWNING**



**600 MEMBERS HEALTH &  
WELLNESS IMPROVED THROUGH  
SIGNATURE PROGRAMS**  
(LIVESTRONG, YDPP, MOVING FOR  
BETTER BALANCE, ENHANCE FITNESS)



**ANNUAL SUPPORT CAMPAIGNS**



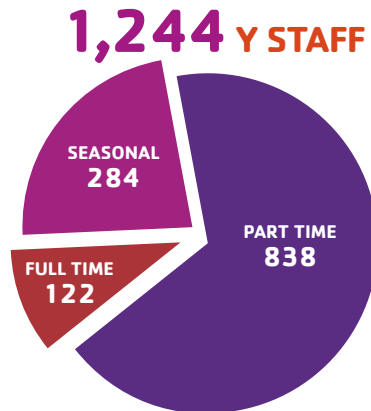
**16** **YOUNG ADULTS DEVELOPED  
LEADERSHIP SKILLS IN Y  
LEADERS CLUBS**



**432**  
**VOLUNTEERS DONATED  
THEIR TIME TO THE Y**

**7,021**  
**Y MEMBERS  
OVER  
THE AGE  
OF 65**

**MORE THAN  
7,000**  
**PERSONAL TRAINING  
SESSIONS HELPED PEOPLE  
LIVE HEALTHIER LIVES**



**849**  
**PARTICIPANTS IN  
1,801  
YOUTH SPORTS SESSIONS**



# PARTNERS & PROJECTS

**The YMCA of Long Island acknowledges our generous impact partners contributing \$7,500 or more during 2015 (January 1, 2015–December 31, 2015)**



AnswerVending has been deeply committed to two of the YMCA of Long Island's signature initiatives including scholarships for YMCA summer camp, and ensuring that the Y can offer free pre-teen and teen centers Association-wide.



Bethpage Federal Credit Union is the annual underwriting sponsor of Healthy Kids Day®. In 2015, together with Bethpage Federal Credit Union, the YMCA served over 2,500 children and families addressing two of the greatest challenges summer presents: the Summer Learning Loss, and an increased body mass index among children due to inactivity. The community-wide event is open to members and non-members and encourages local families to stay active and intellectually engaged during the critical summer months. Bethpage employees also serve as volunteers for Healthy Kids Day® Island-wide. Bethpage is also a significant partner in summer camp scholarship assistance and teen center support; Bethpage works with the YMCA to ensure all have access to the Y and its' transformative programs.



Capital One has been a longtime YMCA partner helping to underwrite Island-wide pre-teen and teen centers as well as providing significant support for YMCA Summer Camp scholarships. Capital One employees also make up an incredible volunteer force serving at YMCA community events Island-wide.



CNA Insurance, together with 2015 Diamonds and Burlap Honoree, James C. Romanelli, Senior Vice President and Northeastern Zone Officer raised significant support for the YMCA pre-teen and teen centers Island-wide. With thanks to CNA Insurance, community youth – both members and non-members – had access to the Y's state-of-the-art facilities across Long Island on Friday and Saturday evenings during the school year FREE of charge.



The L.I.A.M. Foundation has provided significant underwriting support for Camp for All, a camp inclusion program at the Great South Bay YMCA. Camp for All gives children with disabilities the opportunity to have an inclusive summer camp experience by providing an inclusion specialist or buddy to help campers navigate the summer camp day. Children in this program enjoy the magic of camp: learning new skills, overcoming fears and making new friends. YMCA Camp reduces stigma and strengthens the entire community as children play together, learn from one another, and embrace differences.



**The First National Bank of Long Island**  
*Where Everyone Knows Your Name®*

First National Bank of Long Island was honored at our "Golf For Good" 2015 Long Island Golf Classic paying special tribute to Donald Manfredonia. Together, Co-Chair James G. Taylor, Donald Manfredonia and First National Bank of Long Island helped to underwrite YMCA of Long Island camp scholarships. With this generous support, economically disadvantaged young people experienced the magic of summer and holiday camp.





The Long Island Ducks are deeply involved in the life of the YMCA; they serve as the host of the YMCA of Long Island's annual "Y Night," a fun community building event for Y staff and volunteers. The YMCA Boulton Center for the Performing Arts is named for Long Island Duck Founder and CEO, Frank Boulton, and his family. They continue to be sustaining Annual Campaign partners for the YMCA Boulton Center. The Y is also fortunate to have Long Island Duck Mascot and local hero, QuackerJack, at many of our community events.



The Marcie Mazzola whose mission is "to help better the lives of abused and at-risk children; and to increase advocacy and community awareness about the needs of children," has been a longtime annual supporter of camp scholarships at the Huntington YMCA. Each summer scores of children participate in a full camp experience as a part of Marcie's legacy.



MSC Direct is committed to local impact, and as such, has committed to providing generous financial assistance so that children can attend the Huntington YMCA Summer Camp. They are dedicated to carrying on the legacy of giving back to the community that was established by MSC founder, Sidney Jacobson.



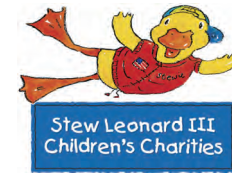
National Grid has been a longtime sponsor of the YMCA of Long Island, supporting many different areas including significant underwriting for the Great South Bay's Afterschool Program. National Grid provides financial assistance as well as promotes volunteerism with their employees at YMCA events and in leadership roles.



The Rauch Foundation has been an incredible champion of the YMCA's work to address summer learning loss. Led by New York State Certified Reading Teachers, Imagination Station is an innovative, engaging, and interactive program designed to review and build upon specific literacy skills. Imagination Station has had fantastic results serving children ages 3 to 3rd Grade. In 2015, 99% of participants either maintained or increased their reading level as a result of the program. Local school districts have partnered with the YMCA to identify and refer young people who will benefit from camp and Imagination Station. With the help of United Way and YMCA Annual Campaign donors, 55 children attended six weeks of camp at no cost and maintained or improved their reading levels.



Through the tireless efforts of Gasper Celauro and Sister Grace, Spotlight on Children has provided generous financial assistance to send local disadvantaged children summer camp at the Patchogue YMCA.



In partnership with Stew Leonard III, Children's Charities the YMCA of Long Island is teaching local children lifesaving water safety skills. The foundation's gift provides 140 children with scholarships for YMCA's Swim Lessons and underwrites the certification of 20 new American Red Cross Lifeguarding candidates at the YMCA.



The Town of Islip Community Development Agency has provided generous annual support to help underwrite the Great South Bay YMCA Pre-Teen and Teen Centers. Providing a safe-haven, adult mentors and active enrichment, and fun recreation for local youth.

## TREIBER FAMILY FOUNDATION

The Treiber Family Foundation has been a significant donor to the Glen Cove YMCA supporting the Annual Campaign and naming the Treiber Family Center. Additionally, the Foundation provides significant scholarship support for Imagination Station and summer camp, creating access and opportunity for young people who need academic support.



Dedicated to the betterment of Long Island, the United Way of Long Island remains a committed partner of the YMCA. In 2015, through the generous support of the United Way, pre-teen and teen centers were provided with significant support and six students attended YMCA camp and Imagination Station for six weeks at no cost.

## TRIANGLE CLUB

### BUILDERS (\$50,000+)

Bethpage Federal Credit Union  
Friend of the Y - Long Island Community Foundation  
Arlindo and Evelyn Jorge Family Trust  
Judy Jorge  
Rauch Foundation

### LEADERS (\$25,000+)

Malcolm and Madeline King  
Spotlight on Children  
YMCA of the USA

### FOUNDERS (\$10,000+)

Answer Vending, Inc.  
Jenny and Gary Cox-Steiner  
L.I.A.M. Foundation, Inc.  
Marcie Mazzola Foundation  
MSC Direct  
National Grid  
Stew Leonard III, Children's Charities  
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Keren VonSchmidt  
Betty and Emmett Walker  
Carolyn and Dave Williams  
The Wolf Family

# FUNDRAISING EVENTS



## Diamonds & Burlap Auction and Celebration

Anne N. Brigis, Elizabeth Romanelli, Anna Romanelli, 2015 Diamonds & Burlap Honoree James C. Romanelli, Senior Vice President, CNA, Linda Ardyn, Chairman, YMCA of Long Island



## Huntington YMCA Golf Classic

2015 Honoree Eileen Knauer, Senior Vice President & COO and Edward Glackin, Huntington YMCA Board Chairman



## "Golf for Good" YMCA of Long Island Golf Classic

2015 Golf Classic Chairman, James G. Taylor, Anne N. Brigis, President and CEO YMCA of Long Island, and 2015 Honoree, Don Manfredonia, First National Bank of Long Island



## Inaugural Allan Van Nostrand Memorial Tennis Classic

The Great South Bay YMCA hosted the event at Southward Ho Country Club. Mary Van Nostrand, Bob Pettersen Great South Bay Executive Director, and Tennis Classic Chairman, Daphne Hoffman



## Patchogue Family YMCA Golf Classic

Mike Kelly from Kelly Development was honored and more than \$60,000 was raised to support the Patchogue Family YMCA Scholarship Fund



## Great South Bay YMCA Golf Classic

"Swing Into A Brighter Future" Great South Bay YMCA Golf Classic was held at the Southward Country Club



Dave Williams, Great South Bay YMCA Board Chair, Edward Fraser, Eastern Regional Director of Community Relations for Northwell Health, Michele Rizzo-Berg, Center Director





# COMMUNITY BUILDING EVENTS



## Water Safety with Stew Leonard III, Children's Charities

Steward and Kim Leonard from Stew Leonard III, Children's Charities visited the Huntington YMCA with mascot, Stewie the Duck, to talk to children about drowning prevention and water safety



## Huntington YMCA Carnival

The annual Memorial Day Weekend Carnival is open to the community and features rides, games, live music and food trucks. Proceeds benefit the Huntington YMCA Scholarship Fund



## 15th Annual Judi Shesh Memorial 5K Run/Walk



## 9th Annual Marcie Mazzola Memorial 5K Walk/Run

## 2nd Annual Patchogue Family YMCA "Send a Kid to Camp" 5K Run



## Y Night

On July 17th, we celebrated our annual "Y Night" recognizing YMCA volunteers and staff at a Long Island Ducks Game



## Huntington YMCA Thanksgiving Food Drive

Huntington YMCA members collected food items, packed and delivered to families in need to support the community for the Thanksgiving holiday



## YMCA at Glen Cove Fall Festival

Children and parents spent the afternoon doing arts and crafts, picking pumpkins from the patch, face painting and visiting with community emergency responders

## STATEMENT OF ACTIVITIES

For the year ended December 31, 2015

|  | Unrestricted         | Restricted          | Temporarily<br>Restricted | Permanently<br>Total |
|--|----------------------|---------------------|---------------------------|----------------------|
| <b>OPERATING ACTIVITIES:</b>               |                      |                     |                           |                      |
| Revenues and Other Support:                |                      |                     |                           |                      |
| Government grants and contracts            | \$ 1,795,738         | \$ -                | \$ -                      | \$ 1,795,738         |
| Program services                           | 20,997,520           | -                   | -                         | 20,997,520           |
| Participating memberships                  | 8,445,185            | -                   | -                         | 8,445,185            |
| Contributions                              | 7,462                | 1,915,719           | -                         | 1,923,181            |
| In-kind contributions                      | 1,232,456            | -                   | -                         | 1,232,456            |
| Special events, net                        | (6,719)              | 534,425             | -                         | 527,706              |
| United Way and other community funds       | -                    | 49,016              | -                         | 49,016               |
| Facility usage and other income            | 174,620              | -                   | -                         | 174,620              |
| Net assets released from restrictions      | 1,733,793            | (1,733,793)         | -                         | -                    |
| Total Revenues and Other Support           | <u>34,380,055</u>    | <u>765,367</u>      | <u>-</u>                  | <u>35,145,422</u>    |
| Expenses:                                  |                      |                     |                           |                      |
| Program services:                          |                      |                     |                           |                      |
| Multi-service branches                     | 28,117,206           | -                   | -                         | 28,117,206           |
| Family services branch                     | 1,440,378            | -                   | -                         | 1,440,378            |
| Total Program Services                     | <u>29,557,584</u>    | <u>-</u>            | <u>-</u>                  | <u>29,557,584</u>    |
| Supporting services:                       |                      |                     |                           |                      |
| Fundraising                                | 1,176,494            | -                   | -                         | 1,176,494            |
| General and administrative                 | 3,578,820            | -                   | -                         | 3,578,820            |
| Total Supporting Services                  | <u>4,755,314</u>     | <u>-</u>            | <u>-</u>                  | <u>4,755,314</u>     |
| Total Expenses                             | <u>34,312,898</u>    | <u>-</u>            | <u>-</u>                  | <u>34,312,898</u>    |
| Increase in Net Assets From Operations     | <u>67,157</u>        | <u>765,367</u>      | <u>-</u>                  | <u>832,524</u>       |
| <b>NONOPERATING GAIN (LOSS):</b>           |                      |                     |                           |                      |
| Net investment gain                        | 101,616              | (3,876)             | -                         | 97,740               |
| Loss on disposal of fixed assets           | (26,701)             | -                   | -                         | (26,701)             |
| Unrealized appreciation on perpetual trust | -                    | -                   | (124,512)                 | (124,512)            |
| Total Nonoperating Gain                    | <u>74,915</u>        | <u>(3,876)</u>      | <u>(124,512)</u>          | <u>(53,473)</u>      |
| Changes in Net Assets                      | 142,072              | 761,491             | (124,512)                 | 779,051              |
| Net Assets, Beginning of Year              | <u>49,512,067</u>    | <u>416,965</u>      | <u>2,660,773</u>          | <u>52,589,805</u>    |
| Net Assets, End of Year                    | <u>\$ 49,654,139</u> | <u>\$ 1,178,456</u> | <u>\$ 2,536,261</u>       | <u>\$ 53,368,856</u> |



## A STRONG FINANCIAL BASE ENABLES THE Y TO FULFILL ITS MISSION OF IMPROVING THE LIVES OF LONG ISLANDERS.

The YMCA of Long Island, Inc., for the fourteenth consecutive year, generated revenue that exceeded expenses in 2015. All revenues exceeding expenses are used at our local branches to enhance facilities and program quality.

### Y of Long Island Scholarship Assistance January to December 2015

|  | Number of Scholarships<br>to Adults | Number of Scholarships<br>to Children | Financial Value           |
|--|-------------------------------------|---------------------------------------|---------------------------|
| <b>Full/Recreation Membership</b>                | 1,013                               | 905                                   | \$ 231,799                |
| <b>Basic Membership</b>                          | 34                                  | 1,655                                 | 357,006                   |
| <b>Program Scholarships:</b>                     |                                     |                                       |                           |
| Day Camp   | —                                   | 1,411                                 | 724,772                   |
| Child Care                                       | —                                   | 1,632                                 | 242,283                   |
| Aquatics   | 14                                  | 374                                   | 32,221                    |
| Counseling                                       | 8,156                               | 4                                     | 440,904                   |
| Teen Center                                      | —                                   | 8,818                                 | 200,610                   |
| Cultural Arts/Dance                              | 3                                   | 158                                   | 6,737                     |
| Youth Sports & Fitness                           | —                                   | 70                                    | 3,676                     |
| Other  | 102                                 | 663                                   | 1,562                     |
| <b>Use of Facilities by<br/>Community Groups</b> | <u>180</u>                          | <u>1,350</u>                          | <u>35,100</u>             |
| <b>Total</b>                                     | <b><u>9,502</u></b>                 | <b><u>17,040</u></b>                  | <b><u>\$2,276,671</u></b> |

### 2015 CONSTITUENCY

A total of **65,310**

Long Islanders called us their Y in 2015:

|                                      | <u>Male</u>          | <u>Female</u>        |
|--------------------------------------|----------------------|----------------------|
| Pre-Schoolers (1-5 years)            | 3,658                | 3,458                |
| Elementary Schoolers (6-11 years)    | 6,559                | 6,071                |
| Jr./Sr. High Schoolers (12-17 years) | 4,735                | 4,023                |
| Young Adults (18-29 years)           | 4,584                | 4,333                |
| Adults (30-54 years)                 | 6,622                | 8,863                |
| Adults (55-64 years)                 | 2,413                | 2,971                |
| Adults (65 and over)                 | 3,127                | 3,894                |
| <b>Total</b>                         | <b><u>31,698</u></b> | <b><u>33,612</u></b> |

YMCA finances are monitored by the Finance Committee of the Board of Directors who also determines strategy and policies. Copies of the Audited Financial Statement conducted by BDO USA, LLP are available upon request. The YMCA of Long Island, Inc. is a not-for-profit organization pursuant to Section 501(c)(3) of the Internal Revenue Code.



# THE Y. FOR LEADERSHIP. For a better us.

The Y is about inspiring and mobilizing every community member and every Y staff member, program volunteer, board volunteer, and Y member—everywhere the Y has a presence—to make our communities stronger. All that we do—every decision, every action, with every person—we do with our mission in mind.

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324 Main Street, Northport, NY 11768  
(631) 261-2670 • Fax: (631) 261-5554

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